



- Anyone under the age of 18 must be accompanied by an adult at all times when on the water.
- All hirer's must be able to swim a minimum of 20 metres and be confident in the water wearing a buoyancy aid.
- Minimum age to paddle a stand up paddle board is 11 years old on family paddle day's events. For activities on the Estuary, the minimum age is 16.
- Cost of session must be paid for in full before time of booking.
- For rental - A security deposit against the stand up paddle boards will be taken in the form of debit or credit card details, passport or driving licenses will be retained until the session is over, money will **only** be taken in the event of unreturned/damaged equipment.
- All participants must wear a buoyancy aid at all times whilst on the water.
- Participants must be considerate to all other water users i.e.; swimmers, other paddleboarders, kite surfers, kayaker's, windsurfers.
- You are responsible for ensuring that you have the correct clothing, a towel, and are fit enough to paddle comfortably.
- Only launch and land at suitable areas under the supervision of the instructor.
- You must always stay with your board at all times with the leash attached to your ankle. If you fall off get back on your board straight away.
- The hirer agrees to pay for any loss or damage of equipment.
- **Anyone who appears under the influence of drink or drugs will not be allowed to hire a board and will not eligible for a refund.**
- Participants should be aware that stand up paddle board can be dangerous. Hazards include (but not limited to); drowning, hypothermia, repetitive strain injury, slips, trips, falls, biological hazards from estuary water, skeletal/muscular injuries from paddling or moving equipment. All participants accept exposure the afore mentioned hazards and do not hold Saltwater Beach Cafe Ltd responsible for injuries obtained from any associated activity.

**COVID**

- I do not have a temperature or persistent cough or feel unwell.
- I confirm that have not have not been diagnosed with COVID-19 in the past 14 days
- I confirm that I am not waiting for laboratory test results for COVID-19.
- I can confirm that I have no family/household members either been ill or waiting for covid test results in the past 14 days.
- **DISCLAIMER.** We (Saltwater Beach Cafe Ltd) will not be liable for any death, personal injury, or loss of or damage to goods arising out of the hire of any items.
- We do not have any responsibility whatsoever for loss or damage to your personal belongings. You accept that you are taking your personal property on to the water at your own risk.
- I hereby affirm that I am in good physical condition and do not suffer from any disability or other limitation that would prevent or limit the use of the equipment or participation in the paddleboard session.
- I will make any form of disability/illness known to Saltwater SUP prior to the session enabling Saltwater SUP able to accommodate and prepare any special requirements.

I have read and understood the above and I agree to the terms and conditions as stated.

Agreement for personal information to be kept and to be contacted with future information regarding

Saltwater SUP– Yes/No

Agreement to use photographs taken for publicity and use on social media Yes/No

Please add me to your mailing list for future (1) Saltwater SUP events (2) café events Y/N

Email address is -

**Signed:**

(if over 18 years of age)

**DATE**

Parent/Guardian

(if under 18 years of age)

Print Name:

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Mobile Telephone number  
Email Address:

Address/post code:  
Emergency Phone Contact: